



2022
CATALOG

ENERGY
ENDURANCE
RECOVERY



HAMMER CBD

THE GOLD STANDARD

Performance. Sleep. Recovery.
Take it all to the next level with
our New Full-Spectrum formula.

EXCEPTIONAL
SERVICE AND QUALITY
GUARANTEED

800.336.1977

hammernutrition.com

HAMMER NUTRITION 2022 CATALOG



For the past 35 years, my singular mission has been to help athletes like you reach their highest levels of athletic performance and health, one completely satisfied client at a time.

Our sterling reputation and devoted following are unrivaled in the marketplace for three reasons:

1. **Potent, effective products**
2. **Stellar customer service**
3. **The know-how to guarantee your success**

My Guiding Principles

Hammer Nutrition IS innovation. That includes continually introducing groundbreaking products as well as updating and improving our existing products whenever possible.

Principles Before Profits. I have never traded my principles for increased profits. Sugar is poison, so we don't offer it in any form. Rest assured, if you see the Hammer brand on a product, it IS good for you.

Product Integrity. Every one of our products is 100% research-based, extensively field-tested, and manufactured according to the strictest standards in the world. All of our consumable products have been, and always will be, 100% USA-manufactured, using USA or European ingredients whenever possible, regardless of cost.

Service. It's All About You. From day one, we've treated every client exactly the way we want to be treated when we are on the other side of the counter—fairly, honestly, and individually—without exception.

Less is Best. Our pioneering approach to fueling has revolutionized endurance sports and extended the limits of what athletes can achieve. We tell you exactly how much to take and when for optimal success.

Education. We take a holistic approach to athletic performance and health, distill it, and share it with you in a language you can understand—because an educated athlete is an empowered athlete.

Give us a call anytime to speak with me or one of our friendly, knowledgeable client advisors. You'll find that we really are different.

I guarantee your satisfaction unconditionally—always have, always will.

Brian Frank
Hammer Nutrition Founder



OUR TRIPLE SATISFACTION GUARANTEE

Products: Powerful, safe, natural, and undeniably effective! They will do exactly what we say they will and will outperform the competition every time.

Knowledge: By using our time-tested, science-based fueling protocols, you will achieve your best possible performance.

Service: Second to none, the best you've ever had! We treat you like you are important to us, because you are.



Fueling peak performance since 1987



Made in the USA

The Hammer Nutrition Promise

All Hammer Nutrition fuels and supplements are **made in the USA** using the **highest** quality US and European **ingredients**. They contain **no refined sugars, gluten, preservatives, or artificial colors, flavors, or sweeteners**. They are completely compatible with one another and can be used in any combination as desired by **athletes of all ages**, children included!

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HAMMER CBD

Guaranteed Potency, Best Prices!

If you want the best, you want Hammer CBD. Derived from organically grown, non-GMO, USA-raised hemp. It's the purest, most bioavailable CBD oil on the planet!

Hammer's cutting-edge development process and rigorous sourcing standards guarantee the best CBD benefits on the market. Every Hammer CBD product is backed by our 30-day, 100% satisfaction guarantee.



FULL SPECTRUM



- **Up to 0.3% THC**
- **Deepens quality sleep**
- **Provides superior mood support**
- **Heightens overall tranquility**

**Contains THC. Do not use if subject to drug testing.*

Take your sleep and mood quality to the next level! Everything you have come to know and rely on from Hammer CBD and more, now in a full-spectrum formula.

Enjoy additional, enhanced CBD benefits, with the same nanoemulsified purity and potency you can trust. Discover more online or call to speak with our CBD experts today!

Softgels

25 mg

90 softgels	30 softgels	4 softgels
\$179.95	\$69.95	\$12.95

Tincture

1500 mg | 750 mg

1 oz	1 oz
\$99.95	\$59.95



*Follow the science
to learn more about
Hammer CBD*

The Hammer Difference



Superior Absorption

Hammer broad-spectrum and full-spectrum softgel formulas both deliver nano-sized pure hemp oil which generates absorption rates five times more effective than that of others.

This results in maximal benefit from smaller doses, greater potential health improvements overall, and the absolute best bang for your buck. Hammer CBD is unmatched for purity, bioavailability, health benefits, and price.



BROAD SPECTRUM

- 0.0% THC
- Promotes quality sleep
- Boosts recovery
- Soothes soreness

Tincture

1500 mg	750 mg	250 mg
1 oz	1 oz	1 oz
\$99.95	\$59.95	\$19.95

Balm

500 mg	30 mg
2 oz stick	0.15 oz stick
\$49.95	\$4.95

Softgels

50 mg

90 softgels	30 softgels
\$299.95	\$119.95

25 mg

90 softgels	30 softgels	4 softgels
\$179.95	\$69.95	\$12.95

10 mg

90 softgels	30 softgels	4 softgels
\$89.95	\$39.95	\$6.95



Don't forget our furry friends!

Hammer Doggie Daily Essentials is also ideal for our 4-legged athletes with our exclusive multivitamin, CBD formula.



60 treats
\$54.95

6 treat
pouch
\$7.95

ENDURANCE FUELING



ENDURANCE FUELING

Here we will show you how to **Fuel Right and Feel Great** for any endurance event or adventure.

We make naturally effective endurance fuels, not sugar-loaded junk masquerading as sports nutrition!

Only the healthiest, natural ingredients are good enough for us to sell to you or consume ourselves!

Use Hammer fuels according to our usage protocols, and your success is guaranteed!

HAMMER PRODUCTS DO NOT CONTAIN:

- refined sugars
- excess sodium
- citric acid
- artificial sweeteners
- artificial colors
- artificial flavors

Recoverite®

Recover Right with Recoverite!



- Restores muscle glycogen
- Rebuilds muscle strength
- Reduces soreness & fatigue

32 Servings	Single Servings	6 or more. Mix or match flavors
\$59.95	\$3.50	\$2.95 each

FLAVORS

Orange Vanilla	Chocolate
Vanilla	Strawberry

Recoverite supplies everything your body needs to jump-start the recovery process. It offers easily assimilated complex carbohydrates from maltodextrin and premium protein from whey protein isolate in the 3:1 ratio scientifically proven to speed recovery times. With all the essential nutrients as well as a full spectrum of electrolytes, Recoverite is truly the perfect tool for the job.

Organic Vegan Recoverite®

Optimize recovery, the vegan way

- 100% organic
- Gluten-free pea protein
- Easily digestible

32 Servings
\$59.95

FLAVORS

Orange Vanilla	Vanilla	Chocolate
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COMING IN 2022

Organic Recoverite® 2.0

Same great Recoverite, organically reinvented

- Corn Free
- Gluten Free
- No Added Sugars



Make Recoverite part of your immediate post-workout routine.

ENDURANCE FUELING

Electrolytes are like the motor oil in your car: they don't make the engine run, but they're absolutely necessary to keep everything operating smoothly. Endurolytes provides a full spectrum of electrolytes, plus complementary micronutrients. Precisely formulated without refined sugars, artificial ingredients, or excess salt, Endurolytes supports peak performance in the toughest conditions.



Endurolytes®

Precise electrolyte replenishment

- Superior cramp prevention
- Full-spectrum formula
- Rapidly assimilated
- Versatile dosing



120 Capsules	3 or more	4 Capsules
\$22.95	\$19.95 each	\$1.05

Endurolytes® Fizz

Delicious, refreshing electrolytes

- Helps to prevent cramps
- Makes for steady fluid consumption
- Virtually free of calories & carbohydrates



13 Tablet Tube	3 or more. Mix or match flavors
\$4.95	\$4.75 each

FLAVORS

- Lemon Lime
- Grapefruit

■ Mango

■ Grape

■ Cola *Contains caffeine

Endurolytes® Extreme

Concentrated, full-spectrum electrolyte replenishment

- Helps prevent cramping
- 3 times the sodium and potassium of original Endurolytes
- Designed for harsh conditions and high heat

120 Capsules	3 or more	3 Capsules
\$24.95	\$22.95 each	\$1.05



Endurolytes® Extreme Powder

Concentrated, full-spectrum electrolyte replenishment

- Dissolves quickly and completely
- Pleasantly light, natural watermelon flavor
- No residue

90 Servings	3 or more
\$29.95	\$26.95 each



Hammer Gel®

Real endurance fuel

- Rock-solid sustained energy
- No sugar crash
- Easy to digest, no GI distress

26 Serving Jugs	3 or more. Mix or match flavors
\$19.95	\$17.95 each
Single Serving	12 or more. Mix or match flavors
\$1.40	\$1.25 each

FLAVORS

- | | |
|------------------|----------------------------|
| ■ Apple Cinnamon | ■ Montana Huckleberry |
| ■ Banana | ■ Nocciola* |
| ■ Tropical** | ■ Orange |
| ■ Chocolate | ■ Vanilla |
| ■ Espresso** | ■ Raspberry |
| ■ Peanut Butter* | ■ Peanut Butter-Chocolate* |

* Contains high-quality nut protein and fats

** Contains caffeine

Hammer Gel® Sampler Kit

One Single Serving Pouch of each flavor

12 Total

\$15.95

FREE HAMMER FLASK with
every HAMMER GEL JUG
purchase

NEVER HAD A HUCKLEBERRY? YOU'RE IN FOR A LOCAL TREAT!

Unlike other similar-looking products on the market, Hammer Gel's complex carbohydrates, all-natural ingredients and pH-balancing formula are easily digestible. They also provide quick-acting yet long-lasting energy in a convenient, tasty, concentrated form. The addition of branched-chain amino acids helps to prevent muscle tissue breakdown while reducing fatigue.



Hammer Bar®

Real food, ready to roll

- Reliable, long-lasting energy
- Packable and easy to eat
- Suitable for all diet types

12 Bar Box	Single Bar	12 or more. Mix or match flavors
\$30.00	\$2.50	\$2.25 each

FLAVORS

- Almond Raisin
- Cranberry
- Oatmeal Apple
- Chocolate Chip
- Coconut Chocolate Chip

A packable, delicious, and nutritious snack anytime!



Whey Protein Bar

Grass-fed goodness



- Delicious sugar-free chocolate coating
- Maintains and repairs lean muscle tissue
- Convenient & delicious

12 Bar Box	Single Bar	12 or more. Mix or match flavors
\$30.00	\$2.50	\$2.25 each

FLAVOR ■ Peanut Butter-Chocolate



Vegan Protein Bar

Plant-based, protein-packed

- Delicious sugar-free chocolate coating
- Long-lasting energy
- Satisfying flavors

12 Bar Box	Single Bar	12 or more. Mix or match flavors
\$35.40	\$2.95	\$2.75 each

FLAVORS ■ Almond Cacao ■ Chocolate Peanut

HEED® Sports Drink

Non-acidic sports drink

- Sustained energy, no sugar crash
- Reduces cramps
- Buffers lactic acid
- Supports dental health

64 Servings	32 Servings
\$59.95	\$34.95
Single-Serving Packets	6 or more. Mix or match flavors
\$1.95	\$1.80 each

FLAVORS ■ Lemon Lime ■ Orange
■ Chery Bomb* ■ *Contains Caffeine

HEED provides more goodness per serving than any other sports drink.

Read more about Hammer-recommended fueling and hydration protocols in our **FREE** booklet *The 5 Secrets of Success!*



HEED is naturally light and refreshing, devoid of artificial ingredients and tooth-decaying citric acid, and complemented by a balanced, full-spectrum electrolyte profile.

Years ago, when countless athletes cried out, "Enough is enough! We want a better sports drink, one that works and actually tastes good!" we listened and delivered. Since that day, HEED continues to be the deliciously healthy and highly effective alternative to the syrupy swill disguised as sports drinks. Containing only beneficial ingredients and no added sugars, HEED is exactly what you want and need!

COMING IN 2022

Organic

HEED® 2.0

Same great HEED, organically reinvented



- **Corn Free**
- **Non GMO**
- **Non Acidic**



Hammer PHOOD

Meal Replacement Drink

- Hunger-satisfying
- Reduces cravings
- Supports weight management

24 Servings	3 or more. Mix or match flavors
\$42.95	\$39.95 each
Single-serving packets	3 or more. Mix or match flavors
\$2.95	\$2.50 each

FLAVORS

- Chocolate
- Vanilla

NO cheap protein source

NO added sugars

NO artificial ingredients

NO emulsifiers

NO trans fats



Hammer PHOOD rewrites the book on meal replacement products with its high-protein, high-fat, low-carb composition, and delicious flavor. It's an excellent source of premium protein and healthy plant-based fats for meal replacement and as part of a calorie restriction program. Compared to any other MRP, Hammer PHOOD shines because of what is NOT in it.



Hammer Whey Protein

Your Muscles' Best Bet

- Maintains & repairs muscle tissue
- Strengthens immune system
- Accelerates recovery



24 Servings	3 or more. Mix or match flavors
\$42.95	\$39.95 each
Single-serving packets	3 or more. Mix or match flavors
\$2.95	\$2.50 each

FLAVORS

- Chocolate
- Strawberry
- Unflavored
- Vanilla

100% Pure Whey Isolate



from 100%
Grass-fed
HAPPY COWS

To feel and perform your best, day after day, your protein needs must be met. That's easy with Hammer Nutrition's Whey Protein, which contains 100% whey protein isolate, the most bioavailable protein on the planet. Hammer's Whey Protein is super pure—free of lactose, fat, and added sugar—and is derived from US-raised, grass-fed, hormone-free, and antibiotic-free cows. A whopping six grams of the multi-beneficial amino acid, L-glutamine, are added for additional health benefits.

Organic Vegan Protein

Delicious 100% organic plant power

24 Servings	3 or more. Mix or match flavors
\$42.95	\$39.95 each

FLAVORS

- Chocolate
- Strawberry
- Vanilla

Soy Protein

Plant-based protein powerhouse

24 Servings	3 or more. Mix or match flavors
\$32.95	\$30.95 each

FLAVOR

- Vanilla

Perpetuem®

Endurance athlete's diesel

- Stabilizes energy & blood-sugar
- Maximizes fat utilization
- Protects lean muscle mass

32 Servings	Single Serving	6 or more. Mix or match flavors
\$49.95	\$3.25	\$2.95 each

FLAVORS

■ Caffè Latte*	■ Orange Vanilla
■ Chocolate	■ Strawberry Vanilla

*Contains Caffeine

Perpetuem® Solids

Steady energy you can chew on

90 Tablets	6 Tablet Tube	3 or more. Mix or match flavors
\$39.95	\$4.50	\$3.99 each

FLAVORS

■ Caffè Latte*	■ Orange Vanilla
■ Strawberry Vanilla	

*Contains Caffeine



In early 2003, Perpetuem became an official Hammer Nutrition product. Since then, endurance fueling has never been the same and athletes competing in endurance contests of every kind have relied on Perpetuem to thoroughly and successfully fuel their bodies. Even in ultra-extreme competitions or expeditions, Perpetuem has proven to be the supreme ultra-fuel, delivering consistent long-lasting energy, maximum fat utilization, and reduced muscle fatigue. Beginning to end, it doesn't matter how long your workouts or races are; you will have all of your caloric needs met thoroughly and completely.

COMING IN 2022

Organic Perpetuem® 2.0

Same great Perpetuem,
organically reinvented

- Corn Free
- Gluten Free
- Non GMO

Sustained Energy

The original ultra fuel

- Long-lasting energy
- Lactic acid buffering
- Lean muscle mass protection

30 Servings	3 or more
\$56.95	\$51.50 each

FLAVOR ■ Unflavored

Introduced in 1991 as the world's first protein-fortified sports drink, Sustained Energy remains a favorite of athletes who go long and prefer a flavor-free fuel.

The 7:1 carb to protein ratio is especially popular with ectomorphic, hyper-metabolic body types who struggle to maintain muscle mass during high volume training but may not efficiently digest or burn fatty acids.



Liquid Endurance

Hyper Hydration Formula

- Increases heat tolerance
- Improves hot weather performance
- Reduces exercise-related dehydration

32 Servings (16 oz)

\$24.95

THE ONLY WAY TO “LOAD” WATER!

Safely and effectively prepare your body for heat exposure, minimizing dehydration, and maximizing performance. Glycerol, the active ingredient in Liquid Endurance, maximizes inter-cellular water levels to be called upon as needed during activity, thus preventing a decline in body water.

HAMMER KITS



Fueling on the fly doesn't have to be complicated.

At Hammer, we speak your sport! One way is by offering specially curated kits for a variety of specialized sports and health concerns. Shown below are just a few of our newest additions. Visit our website for the full assortment, sizes, and flavors.

Super Immunity Booster Kit



Our most powerful immunity arsenal, especially assembled to help keep you healthy and stay in the race all year long! Available in both Basic Kit, and Super Kit options.

Long Fueling Starter Kit



Everything to keep you going for the long haul! Multiples of all our best products to try and share. *flavors may vary

Starting Line Gift Kit



A curated collection of Hammer goodness, ready to GO! Conveniently packed for giving in our large-mouth Nalgene Bottle with a custom Hammer Buff.

Skin Care Travel-Size Kit



Perfect pocket-size favorites for sampling, gifting, or stashing a spare everywhere. See the full line up on page 29.



SUPPLEMENTS

Hammer Nutrition started as a supplement company in 1987, developing cutting-edge products that effectively enhance energy, endurance, and recovery! You've come to the right place for your

supplement needs. You also know that the "balanced diet" is a myth and have chosen to supplement your diet with the highest potency and quality supplements on the market. The following pages provide optimal

usage recommendations for each supplement. As always, feel free to call to speak with a supplement expert who can help you decide which will give you the best bang for your buck.

High-Potency or
Super High-Potency,
we have your daily
WIN-WIN.



Premium Insurance Caps

Daily Multivitamin

- Supports optimum health
- Boosts energy all day
- Supports the body's defense system

210 Capsules	120 Capsules
\$37.95	\$21.95

Premium Insurance Caps contains 54 different nutrients, proportionately balanced in each capsule, to support peak health through the rigors of training, competition, and daily life. Instead of a one-size-fits-all, dosages can be tailored to your needs. It fills in nutrient gaps in the daily diet and supplies more significant health benefits than the typical once-daily multivitamin.

120 ct bottle - 4 capsules daily

- **HIGH-POTENCY** - For non-athletes or athletes training **LESS THAN 8-10 HOURS** a week. Fills in nutrient gaps in the diet, and supplies significantly greater health benefits than the typical multivitamin.

210 ct bottle - 7 capsules daily

- **SUPER HIGH-POTENCY** - For athletes engaged in regular high-intensity workouts and/or training **MORE THAN 8-10 HOURS** a week. Maximizes energy levels, boosts performance, and greatly enhances recovery.

MULTIVITAMINS REDUCE SICK DAYS

A recent study noted that participants who took the multivitamin/mineral supplement experienced an average of 2.29 sick days, while the placebo group averaged 6.43 days of illness. Also the multivitamin/mineral supplement group experienced fewer illness symptoms than the placebo group and those symptoms were noticeably milder.*

Follow the science for
*references on
Endurance News Weekly



Race Caps Supreme



Tested, trusted, and proven for over 35 years

- Prolongs endurance
- Help increase energy
- Supports cognitive and vascular health

90 Capsules	3 or more
\$49.95	\$45.85 each

It's the unique blend of CoQ₁₀ and Idebenone working synergistically in Race Caps Supreme that helps you power through the toughest workouts and races, recover more thoroughly afterward, while providing superior protection for your body, especially your heart.

Hammer athlete **Jeremy Heath** and friends jump for joy with energy to spare during a self-supported 50K for Bigger Than The Trail. Photo: Cody Stephens

EndurOmega

Get the omega-3s you need

- Protects vascular health
- Supports healthy joints
- Enhances brain activity

180 Softgels
\$29.95

EndurOmega is derived from molecularly distilled and deodorized Atlantic menhaden. The fish oil therein is regularly tested via third-party independent laboratories, and is guaranteed for potency and purity using AOAC international protocols and ICP-MS testing methods.



Mito Caps

Turn back the clock

- Improves energy production
- Promotes wellness
- Assists fat metabolism

90 Capsules
\$24.95

Mito Caps work to produce energy, neutralize free radicals, and combat age-related degeneration using one of the most popular anti-aging formulas in the world.



STAY HEALTHY ALL YEAR



Daily Essentials Kit + High-Potency (*shown)

- Premium Insurance Caps 120 ct
- Race Caps Supreme
- Mito Caps
- EndurOmega

Daily Essentials Kit and Daily Essentials Kit Plus—the name says it all. You get our most potent supplements in one convenient package. Enjoy peak energy, endless endurance, lightning-fast recovery, and enhanced immune function, every day and all year long.

1 Month starting at **\$84.95**

3 Months starting at **\$229.95**

Pricing varies by supply quantity and potency. Visit our website for full selection.

Endurance C

Potent Vitamin C Blend

- Provides antioxidant support
- Helps strengthen immunity
- Helps to reduce soreness

90 Capsules

\$19.95



EnDuro D

Superior Vitamin D₃+K₂

- Provides superior antioxidant support
- Helps strengthen immunity
- Helps to reduce soreness

30 Softgels

\$19.95



Tissue Rejuvenator

Less pain, more gain

- Targets muscle soreness & irritation
- Optimizes joint mobility & flexibility
- Assists in maximizing recovery

120 Capsules	3 or more	Vegan (120 ct)	3 or more
\$32.95	\$29.95 each	\$34.95	\$32.50 each

MOBILITY
FLEXIBILITY
RECOVERY



Hammer's best-selling formula helps to improve joint mobility while relieving everyday discomfort or aches and stiffness due to injury. Tissue Rejuvenator is a natural and effective alternative to traditional remedies.

Fully Charged Pre-Exercise Ignitor

- Increases energy
- Promotes mental acuity
- Improves power output

6 Stick-Packs	30 Serving Tub
\$8.95	\$34.95
24 Stick-Packs	60 Capsules
\$34.95	\$29.95



Endurance BCAA+

Targeted amino acid protein

- Delays perception of fatigue
- Helps to maintain and repair lean muscle tissue
- Supports the body's defense system

240 Capsules	120 Capsules
\$54.95	\$29.95



The heart of the Endurance BCAA+ formula is the three branched-chain amino acids (BCAAs) which are known for their role in muscle repair and development, increasing energy levels, and more. Along with additional amino acid support via L-alanine and glutathione, you'll experience enhanced focus and stamina, reduced muscle soreness, and faster gains from your workouts.

STAY CONNECTED



***Call today for a
professional
consultation***



800.336.1977

***Join us on LIVE
CHAT to speak
with a real
person***



hammernutrition.com

***Email us anytime
for prompt and
courteous service***



support@hammernutrition.com

***We're here to help you
Fuel Right and Feel Great!®***

TOP NOTCH SERVICE

You have questions. We have the answers.

If you ever have a question or need fueling advice, the time to call is BEFORE your event, not after.

Since introducing Live Chat, we've had a LOT of people take advantage of the most personalized service in the business.

Whether it's questions about ordering, shipping, product information, fueling advice, or much more, we're here to help. Best of all, you'll be corresponding with a live member of the Hammer Nutrition staff.

Some issues need more time for an in-depth discussion, so call today for a free consultation.

You can also email us anytime with your fueling questions, supplementation concerns, or general product inquiries.

There is always someone available to help you here at Hammer—all you have to do is ask. We offer superior quality products and the support you need to achieve your best results.



"Excellent customer service and very knowledgeable live chat help!"
— Janet H.

"Thank you for the great products, knowledge and customer service!"
— Dana K.

"Always wonderful! Hammer treats me like I'm their only customer."
— Cynthia R.



REM Caps

Sleep well to live well

- Helps you fall asleep faster
- Leads to deeper sleep
- Assists in activity

60 Capsules

\$19.95

3 or more

\$17.95 each

Super Antioxidant

Superior-level recovery

- Reduces soreness
- Reduces free radical damage
- Improves circulation and cognition

60 Capsules

\$34.95

3 or more

\$30.95 each

AO Booster

Supercharge your recovery

- Helps maintain immune system
- Reduces post-exercise soreness
- Benefits skin & eyes

30 Softgels

\$29.95

Xobaline

Highest quality nutrients, next level results

- Reduces fatigue
- Aids tissue restoration
- Supports oxygen utilization

30 Capsules

\$9.95

3 or more

\$7.95 each



Anti-Fatigue Caps



Eliminate endurance barriers

- Prolongs endurance
- Fights everyday fatigue
- Eliminates "heavy legs"

90 Capsules	3 or more
\$22.95	\$19.99 each

Race Day Boost

Get the boost you need

- Boosts performance
- Increases endurance
- Helps to reduce lactic acid production

64 Capsules
\$22.95

Energy Surge

Pure energy on demand

- Increases power output
- Improves repeatability of high-intensity efforts
- Helps you finish strong

30 Tablets	3 or more
\$19.95	\$17.95 each



LIGHTEN UP!

Phytomax

Phytonutrient-dense superfood

- Boosts energy
- Strengthens body's defense system
- Contains bioavailable nutrients & minerals

90 Capsules	3 or more
\$22.95	\$19.95 each

3 LBS OF VEGGIES PER CAPSULE!

Essential Mg

Magnesium—undisputed wellness superstar

- Helps relieve muscle spasms, cramps, and tightness
- Supports optimal blood dextrose/glucose levels
- Assists to deepen sleep cycles

120 Capsules
\$19.95

Phytolean

Win the war against weight gain

- Helps to block starch absorption
- Enhances fat burning
- Decreases fat assimilation

120 Capsules	3 or more
\$34.95	\$29.95 each

ChitoLean

Bind and block the fat.
Lose the weight.

- Helps improve body composition
- Powerfully assists fat burning
- Promotes healthy bowel movements

90 Capsules
\$29.95



THE LEAN TEAM



EnduroZyme

Complete digestion,
optimal nutrient
absorption

- Increases nutrient absorption
- Supports complete digestion
- Improves GI health

180 Capsules

\$39.95

Digest Caps

Probiotics for
improved performance

- Aids intestinal comfort
- Increases nutrient absorption
- Helps reduce ammonia levels and fatigue

60 Capsules

\$16.95

LSA Caps

Liver-specific advantage

- Optimizes healthy liver activity
- Supports the body's defense system
- Provides powerful antioxidant reinforcement

120 Capsules

\$29.95

PSA Caps

All-natural prostate
support

- Promotes optimal prostate well-being
- Helps to reduce frequent urination
- Protects against enlarged prostate

120 Capsules

\$29.95

3 or more

\$27.94 each



GET OUT THERE!



Clear Day

No side effects,
just relief

- Reduces seasonal sensitivity symptoms
- Reduces the need for unnatural remedies

60 Capsules	3 or more
\$22.95	\$19.95 each

Nasol

Relief is just a spray
away

- Fast relief for seasonal sensitivity symptoms
- Relieves headache discomfort
- Non-habit forming formula

1 fl oz
\$24.95

Boron

Natural anabolic
hormone support

- Helps restore exercise-depressed hormones
- Enhances bone health
- Helps restore vitality

90 Capsules
\$17.95

Chromemate

Micronutrient with
massive benefits

- Enhances carbohydrate metabolism
- Helps to stabilize blood sugar
- Reduces sugar cravings

100 Capsules
\$14.95

BIG RING

EARLY
BREAKCHAIN
BREAKERDOWN
SHIFT

SUMATRA

100% Sumatra beans from Indonesia produce a full-bodied, rich flavor.

MEDIUM ROAST

A bright and nutty blend derived from the beans of five different countries.

ESPRESSO

A bold blend for espresso or drip that will bend the cranks and break the chain.

DECAF

Wind down with a smooth cup of our natural water-processed decaf. Full-bodied and perfect any time.



53x11 Coffee

Ride Ready

12 oz Ground

\$13.95

12 oz Whole Bean

\$13.95



"I cannot say enough about the richness combined with a smooth finish." - Online Reviewer

BODY CARE

Cool Feet

Anti-Fungal, Anti-Bacterial Powder
2.7 oz. \$15.95 .10 oz \$1.50

Seat Saver

Chamois and Anti-Chafing Cream
4 oz. \$19.95 .33 oz. \$2.95

Pelle Eccellente

Ultra Hydrating Skin Cream
4 oz. \$19.95 .33 oz. \$3.95

Hammer Lips

Soothing Lip Care
Tangerine or Lime \$3.95





CLOTHING and GEAR

Superior Performance, Superior Value

I have always believed that if you are going to help promote Hammer, the least I can do

is give you awesome quality, mostly US-made apparel, with minimal markup. It's just another way we like to say thank you for your support every day!

Our clothing and gear are no different than our fuels and supplements; if it has a Hammer logo on it, you know it's the best!

CYCLING

CLOTHING AND GEAR



Short Sleeved Jersey

Fabric: Nova
\$59.95



Long Sleeved Jersey

Fabric: GeoTherm
\$79.95



Shorts

Fabric: Lux Pad: Comp
\$74.95



Bib Shorts

Fabric: Lux Pad: Comp
\$79.95



Enduro Jersey

Fabric: Genesis
3/4 Sleeves
\$49.95



Cache Bib Shorts

Fabric: Lux Pad: Comp
\$99.95



The cycling jersey is made from Italian Nova fabric, a 100% Micro Poly created to be extremely breathable, soft, and comfortable. The shorts are constructed from seven body panels, and the flat-lock seams are strategically placed for comfort and performance to minimize abrasion.



Hammer athlete, **Mitch DeYoung** always makes time to hit the trails. Island Lake Rec. Area. Photo: Laurie DeYoung

TRIATHLON and OUTERWEAR



Tri Top

Fabric: Pulse / Alito

\$59.95



Tri Shorts

Fabric: Triton / Pulse
Pad: Sync

\$69.95



Wind Jacket

Fabric: Stratus

\$69.95



Wind Vest

Fabric: Stratus

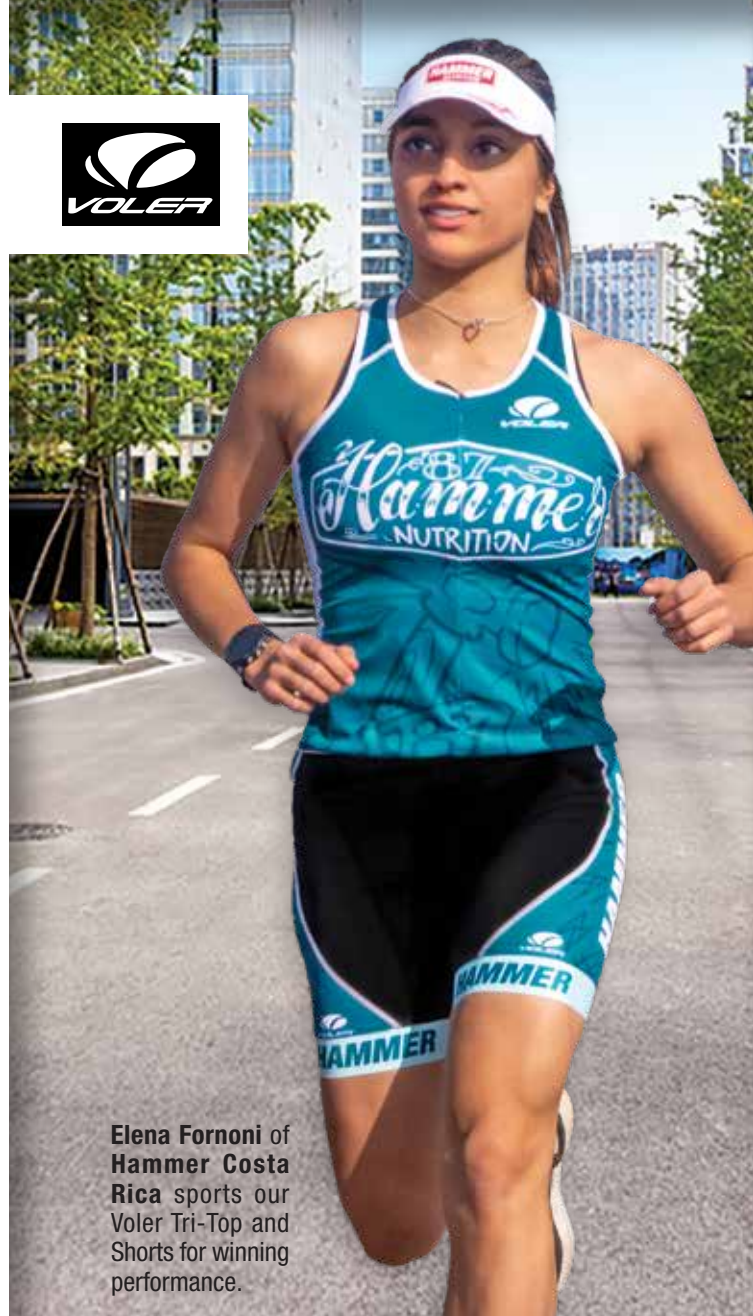
\$59.95



Arm Warmers

Fabric: Yukon Thermal

\$29.95



Elena Fornoni of Hammer Costa Rica sports our Voler Tri-Top and Shorts for winning performance.

Voler's triathlon tops and shorts feature moisture-wicking lightweight fabric. The top includes a front hidden zipper and two rear pockets. The shorts add a quick-drying Sync pad, which provides enough comfort for your ride but won't swell up in the water or feel bulky during your run.

For outerwear, we've also got you covered. The Stratus fabric provides superior wind protection and water resistance while the Alito mesh sides and back allow stretch and ventilation. Three rear pockets with reflective binding and a dual directional zipper add versatility and convenience.

ITALIAN-MADE CYCLING AND RUNNING WEAR

For quality, comfort, and style, Italian-made clothing is among the world's finest. That's why we worked with our friends at Bergamo to create this premier line for runners and cyclists. Meticulously crafted for comfort, breathability, durability, and performance at any distance, we love the way they fit, feel, and perform—and we're sure you will, too. Bergamo garments fit a little snug. If you're not sure what size to get or if you're between sizes, please order the next size larger.



**Men's Short Sleeve
Cycling Jersey**

\$34.95



**Short Sleeve
Running Shirts**

\$27.95



**Men's Long Sleeve
Cycling Jersey**

\$39.95



**Unisex Long Sleeve
Running Shirt**

\$29.95



**Men's Cycling
Bib Shorts**

\$59.95



**Men's Sleeveless
Running Shirt**

\$24.95



Knee Warmers

\$19.95

Leg Warmers

\$24.95



Running Singlet

\$24.95



RUNYON CANYON RUNNING APPAREL

Runyon Signature Performance Shirts are lightweight, breathable, and feel like cotton—designed to help you stay fresh & cool so you can get dirty. Crafted from 100% moisture-wicking, antimicrobial, technical performance fabric that's milled, cut, and sewed in Los Angeles, CA, USA.



Men's Tech Tee
\$19.95



Women's V-Neck Tech Tee
\$19.95



Long Sleeve Tech Tee
\$19.95



VOLER BASE LAYERS

For year-round comfort, it's all about the base! Whatever your sport or outdoor activity, these versatile undergarments are made from Voler's state-of-the-art fabrics to keep you warm in winter, cool in summer.



Sleeveless Undershirt
\$27.95



Short Sleeve Undershirt
\$29.95



Geothermal Undershirt
\$34.95



Women's Sport Top
\$39.95



HEADWEAR

Keep your head in the game! Featuring state-of-the-art fabric and comfortable fit, our high-quality headwear will help shield you from sun, wind, water, and sweat. Whatever your sport, whatever the weather, we've got you covered.

View the entire Hammer headwear collection online at hammernutrition.com



NEW
Soft-Bill Running Cap
Adjustable - one size fits most
\$12.95

- Matte black non glare under-brim
- Silver high-beam reflective edging
- Soft yet durable fabric that holds its shape



Classic Hammer Corporate Ball Cap
100% Cotton, Adjustable Buckle
\$14.95

MADE IN THE USA



Hammer Buff
Multifunctional Protection
\$25.00



Sweatvac Beanie
DriSmart™ shell
Transpor™ liner
\$19.95



Bandana
100% Cotton
\$3.95



Headsweats® Visor
starting at **\$14.95**



CASUAL WEAR

We value our downtime just as much as you do. Kick back while still sporting the Hammer name in our soft, top-quality casual wear. We pride ourselves on designing our clothing in-house, while staying on top of the latest trends.



Hammer canine brand ambassador, Parker, keeps the crew in line at Hammer HQ, Whitefish, MT.

BACK



Long Sleeve Tee
\$14.95



FRONT



35th Anniversary Tee
\$9.95



BACK



**Classic Hammer
Logo Tee**
\$12.95





CLOTHING AND GEAR



35th ANNIVERSARY DESIGNS ARE HERE !

Visit hammernutrition.com to view the entire collection of designs, colors, and sizes. →



At work or play, you can find us representing Hammer everyday! Give us a call or hop on our Live Chat - we're here to help!

BACK

FRONT

BACK



Hammer CBD Tee

\$9.95



Hooded Sweatshirt

\$29.95



Custom Hammer Tees

\$9.95



HAMMER GEAR

WE HAVE THE ACCESSORIES YOU NEED FOR TRAINING AND RACING.

Perfect for athletes and non-athletes alike, all of our accessories are quality made and backed by our 100% satisfaction guarantee.



Nalgene Bottle

32 oz
\$9.95



Specialized Water Bottles

Insulated	Purist		Logo		
23 oz	26 oz	22 oz	24 oz	21 oz	
\$13.95	\$9.95	\$7.95	\$4.95	\$3.95	



Hammer Shaker Bottles

20 oz	28 oz
\$6.95	\$9.95



CLOTHING AND GEAR



Hammer Sack
\$9.95



Hammer Gear Bag
\$69.95



Bike Saddle Mount Strap
MTB \$12.95
Road \$12.95



Speed Cup
\$3.95



Capsule Dispenser
\$0.75



Hammer Sweat Towel
\$3.95



Hammer Pint Glass
\$3.95



Market Tote
\$9.95



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PRSRT STD
U.S. POSTAGE
PAID
HAMMER NUTRITION
DIRECT

Client Number

Key Code

HAMMER CBD

BEST Quality, BEST Price, Guaranteed!
NOW available in Full-Spectrum, too!

- Aids quality sleep
- Boosts recovery
- Soothes soreness



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Fuel Right, Feel Great!®

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